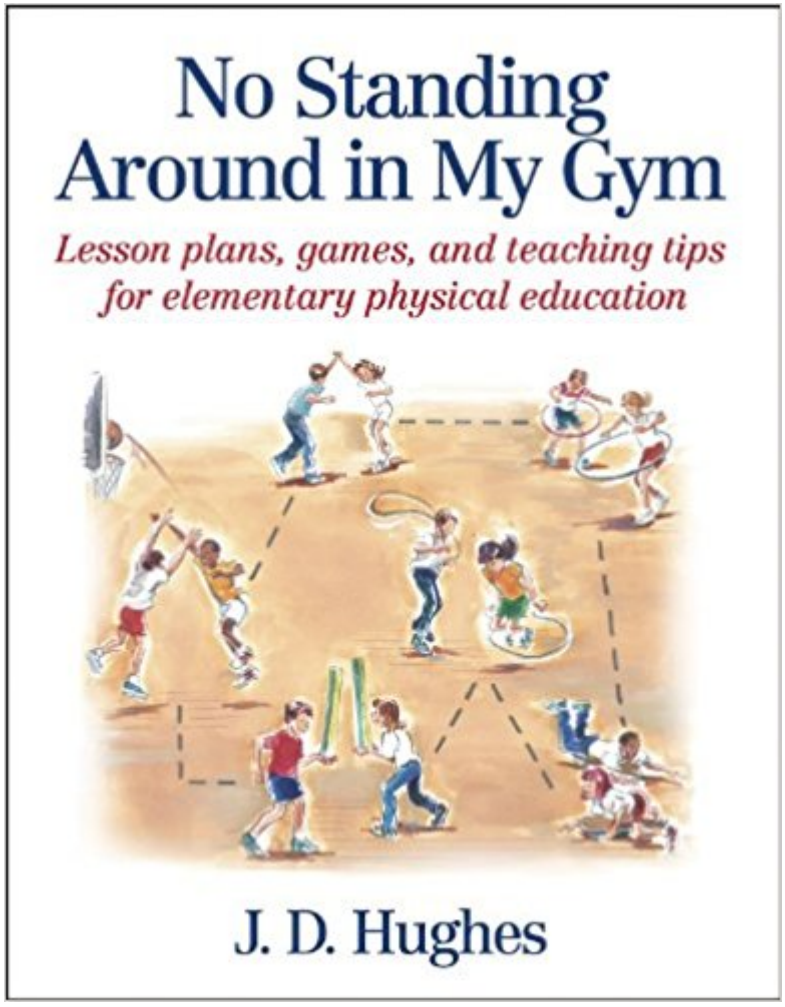
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No Standing Around In My Gym: Lesson Plans, Games, And Teaching Tips For Elementary Physical Education



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Synopsis

Keep all students in your physical education program moving, learning, and on their toesÃ¢â ¬â •even when you're teaching very large classes. This ready-to-use guide is packed with 6 units, 70 games, 15 hints, and 39 special game variations for teaching even the largest of classes.If you are looking for fresh ways to teach children ages 4 to 11 basic fitness concepts, movement skills, and games that emphasize creative thinking and cooperation, No Standing Around in My Gym is for you. It's an incredible source of ideas and solutions to help you - increase the time students are active in class,- minimize discipline problems, - develop healthy attitudes that lead to a lifetime of activity, - save valuable lesson preparation time, and - keep students motivated and challenged.The book provides complete descriptions, nearly 200 illustrations, and proven plans to make the units and games easy to teach. It's the ideal resource for busy teachers with little time in the day to think of new ideas or develop lesson plans from scratch. The author shares a wealth of innovative ways to motivate kids, make classes more enjoyable, create an atmosphere for learning, manage classes, and maximize parental involvement to improve outcomes. Readers also will appreciate the suggestions for communicating with parents, administrators, and the public using brochures, web sites, videos, and newsletters.With this collection of invigorating, fun and gym-tested activities, you'll be able to motivate, engage, and intrigue students in large or small classes for years to come.

Book Information

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Customer Reviews

J.D. Hughes has taught elementary physical education since 1995 in Douglas County, GA. His previous experiences and superior program proved invaluable experience in setting up exemplary programs at various new schools. J.D. provides a challenging yet developmentally appropriate physical learning environment striving for motor skill development, physical fitness and cognitive awareness as recognized by SHAPE America National PE Standards. He goes beyond the call of duty by working with students and families to promote physical fitness before and after school hours through F.I.T.T. Club and Roadrunner's Club. He promotes a healthy lifestyle by serving as a model and talking to students and parents, also serving as a cooperating teacher and mentor for local colleges. He is a National Board Certified Teacher (2001), holds a Master's and Education Specialist's degree. He was recognized as the 2004-2005 and 2014-2015 Georgia Elementary Physical Education Teacher of the Year and was also awarded the 2014-2015 Southern District Elementary Physical Education Teacher of the Year. J.D. also provides staff development to local school districts, conducts conference presentations and workshops all over the nation. He is passionate, constantly striving to look for new ways to improve his teaching, to share his practice, and strengthen the teaching profession. J.D. is on the advisory board for the Best Practices and the 3-5 Lesson Plans area of P.E. Central.

This is such a great book for PE Teachers any and everywhere. It gives you tons of ideas on how to have effective management, quick routines, and most of all tons of activities for pretty much every subject. His other books are full of awesome games as well. I highly recommend this and all of his books to help run an effective, fun and engaging Phys Ed Program - especially at the elementary level. Middle and High School I would recommend buying his other books before this one.

I thought this book was behind the times with some of the partner and Group movement activities. I can't see using a few of the exercises in this book with my kids. There were some good lessons but overall I was underwhelmed with the book

I gave this to my brother-in-law as a Christmas gift. When he opened it, his eyes lit up! He is a first year teacher and he is always looking for innovative lesson plans and new ideas. This is a great success for him!If you're looking for another gift idea to add to this book, we also got him the fitdeck jr. He loved that as well.

This was a gift for my daughter who teaches First Grade at St. Charles Borromeo School in

Sacramento, Ca. She is really enjoying it because she gets ideas that she can use at recess to give the children some exercise while they play. I ordered from on-line and will continue to shop from because of the quality of the merchandise, the best prices, and their policy which they stand behind. If you have any questions, you can contact them by e-mail or telephone and their staff is very helpful and willing to answer any and all questions. is my favorite on-line website for all of the above reasons.

Bought this book for my boyfriend who is going to be a PE teacher and he really likes it so far. Has a lot of games in it that he can use for older children as well which makes it nice when going from elementary to middle school age.

Love this book! Have used many of these activities for my K-5 graders, but could easily adapt for older kids.

i bought this book for my son who is a K-5th grade gym teacher. He said the book had a lot of great ideas for this age group and definitely uses it for ideas when planning his lesson plans.

I was very happy and impressed with this book. I can’t wait to use this in my PE class. Lots of great ideas!

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